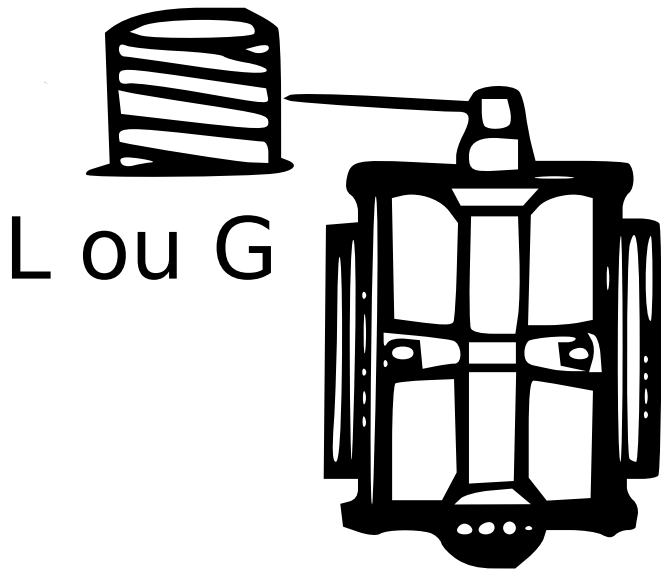
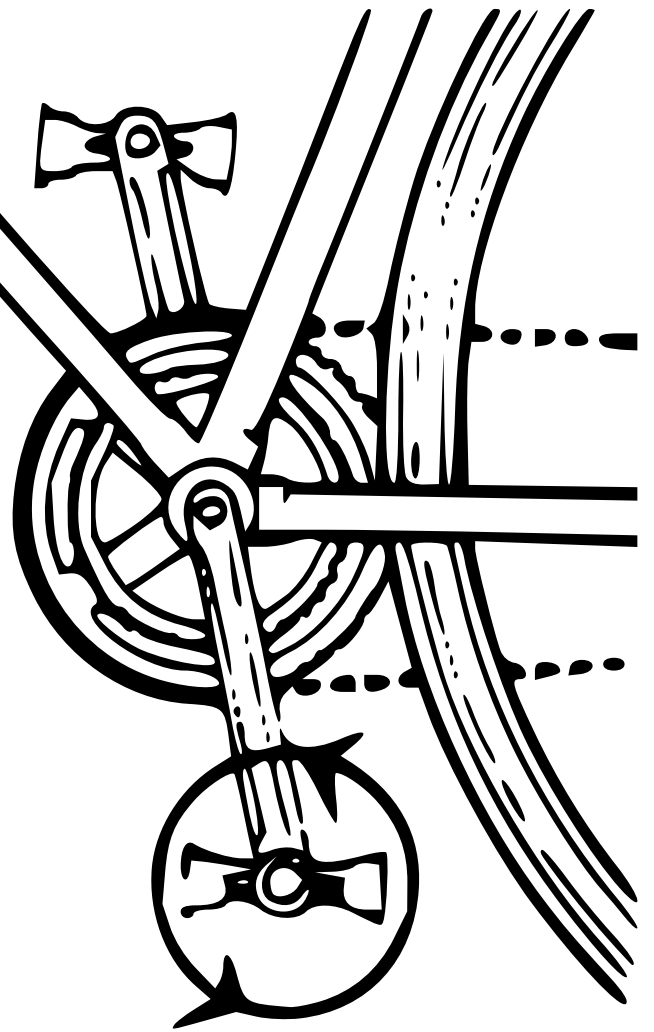


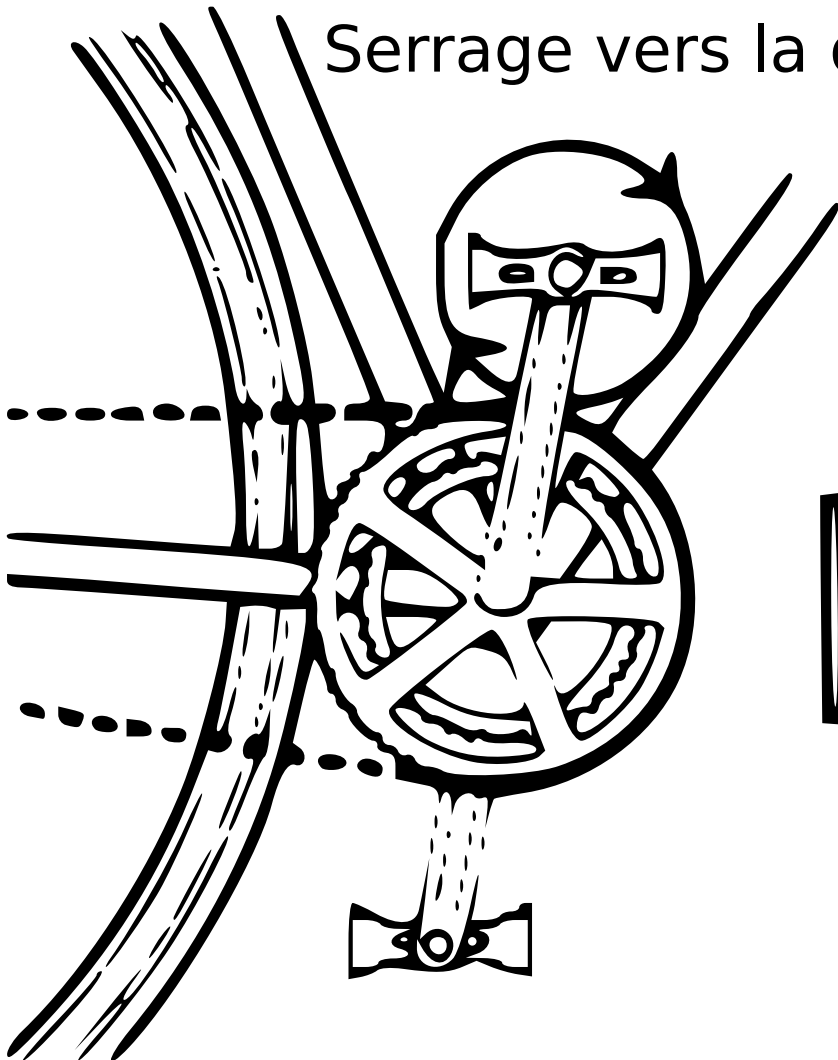
Serrage vers la gauche  
(sens anti-horaire)



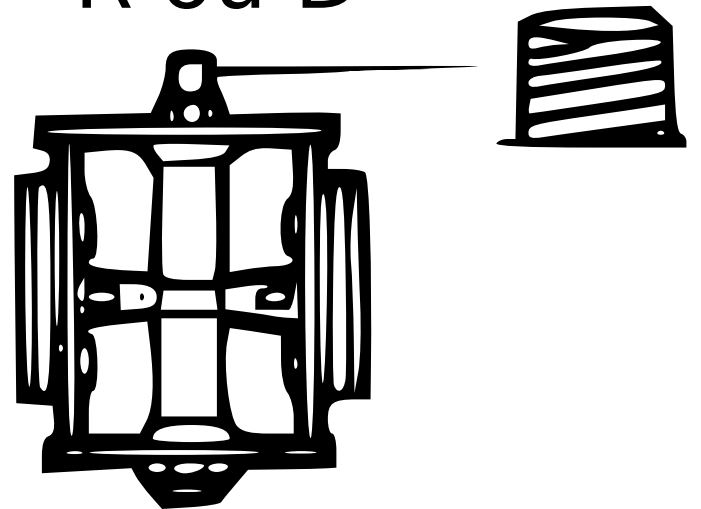
Left pedal (L)  
Pédale gauche (G)



Serrage vers la droite (sens horaire)



R ou D



Right pedal (R)  
Pédale droite (D)